

Tuesday 13th April 2021

Dear Parent/Carer,

## NSPCC's Speak out. Stay safe.

I am pleased to tell you that this term we will be participating in the **NSPCC's Speak out. Stay safe. online** programme. This consists of an online assembly and supporting classroom based activities. We will be delivering the assembly to KS1on Monday 19<sup>th</sup> April 2021.

# What is Speak out stay safe?

'Speak out. Stay safe' is a safeguarding programme available to all primary schools in the UK. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a **child friendly**, **age appropriate**, interactive way. Children are taught to speak out if they are worried, either to a trusted adult or Childline.

#### How will the material be delivered?

The NSPCC have developed an online version of their *Speak out*. *Stay safe*. programme to help overcome some of the challenges that the Coronavirus (COVID-19) pandemic has presented in relation to having external speakers in school. In the online assembly, the *'Speak out*. *Stay safe*.' messages continue to be delivered in a fun and interactive way with the help of their mascot Buddy as well as special guest appearances from Ant and Dec.

We have studied the content of the materials and are extremely confident that they are appropriate for the age of the children in our school. By the end of the programme, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

### How to find out more.

If you would like to know more about the *Speak out. Stay safe*. programme you can find more information on the NSPCC website <a href="www.nspcc.org.uk/speakout">www.nspcc.org.uk/speakout</a> or I would be happy to discuss any questions that you may have.

#### Talking PANTS with your children

The NSPCC's work in schools will help encourage conversations about staying safe and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'Talk PANTS', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex. The guide uses the rules of PANTS to teach children that their body belongs to them and them

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You can find out more and download the free resources at <a href="https://www.nspcc.org.uk/pants.">www.nspcc.org.uk/pants.</a>

### Childline Under 12's Website

Childline also have a website with age appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at <a href="https://www.childline.org.uk/kids">www.childline.org.uk/kids</a>.

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website <a href="www.nspcc.org.uk/parents">www.nspcc.org.uk/parents</a>.

Yours sincerely,

Mrs Barbuti

Head of School

